

[www.wildlyhappy.com](http://www.wildlyhappy.com)



*Today's Gift of Happiness*

Is today filled with Effort or Struggle?

Remember Effort is Joyous!

Struggle is simply Effort *plus* negative stuff like resistance!

What are you resisting right now?

Let go and choose...

A life filled with Joyous Effort!

*Be Wildly Happy®*

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